

**WORK  
CAN AFFECT  
YOUR  
MENTAL  
HEALTH**



  
**unite**  
the **UNION**



Unite IWMD site

**28 APRIL**

  
**INTERNATIONAL  
WORKERS'  
MEMORIAL DAY**

**ORGANISING FOR HEALTH  
AND SAFETY A CRUCIAL  
PART OF UNION ACTION**

**SPEAK TO SOMEONE BEFORE YOU UNRAVEL  
DON'T SUFFER IN SILENCE**

**FIGHTING FOR • JOBS • PAY • CONDITIONS**