

Our support services



Supporting the banking community past and present

We're here to help

We're independent of banks and our services are free and confidential.

Who we support

We exist to help bank employees and their families across the UK. We do this by providing advice, information, expert support and, in some cases, financial help.

Our approach

We partner with some of the UK's leading organisations to provide you with specialist support, and we'll work with you to find the best solution.

If you're not sure whether we can help, it's always worth getting in touch. Call us on **0800 0234 834** or head over to our website to use **Live Chat**.

bwcharity.org.uk

Resources to help you



Guides, tools and apps

Our resources have been designed with you in mind to help you learn more about specific wellbeing topics and the support available.



Bank Resource Centre

Access our infographics, social cards, case studies and wellbeing videos to share, so you can support the wellbeing of your colleagues. Register to your BRC: bit.ly/YourBRC



Your wellbeing

Our monthly wellbeing email is packed with practical advice on staying mentally and physically healthy at home and at work. Sign up to receive yours: bit.ly/YourWellbeingUpdate

Our support services



Mental health

We can offer you support and, in some cases, counselling or other therapies to look after your mental wellbeing.



Debt and money management

We'll work with you to help you manage your debt, find out if you're entitled to benefits or get support with budgeting.



Financial support/Grants

We may be able to provide you with financial support with general living expenses and long-term costs such as disability aids or home adaptations.



Disability and long-term conditions

We can give you advice on getting the support you need to manage a disability or long-term health condition.



Caring responsibilities

We'll help you find out how to access financial, legal and practical support for you and the person you care for.



Relationships

We can provide guidance and counselling to improve your relationships, or get help if you're experiencing domestic abuse.



Bereavement

We can help you deal with the emotional and practical aspects of losing someone close to you.



Legal advice

We can offer you a telephone consultation with legal experts who can advise you on most aspects of British law.

Get in touch

Call our Helpline

0800 0234 834

We're open 9am-5pm Monday to Friday (except bank holidays)

Visit our website

bwcharity.org.uk

Email us

hello@bwcharity.org.uk



WE'RE HERE
TO HELP

"Bank Workers Charity have proved a very good starting point for when you feel lost and out of your depth"

Chris

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The Bank Workers Charity is the working name of the Bankers Benevolent Fund, a company limited by guarantee in England (No. 19366) and a charity registered in England (No. 313080). Registered office: Salisbury House, Finsbury Circus, London, EC2M 5QQ.