Unite has a **ZERO TOLERANCE** policy towards bullying and harassment in the workplace.

No Unite member should have to tolerate bullying at work.

**BULLYING** can take many forms. It is generally accepted as unwanted behaviour that is persistent, offensive, abusive, intimidating, malicious or insulting behaviour, abuse of power or unfair penal sanctions, which makes the recipient feel upset, threatened, humiliated or vulnerable, which undermines their self-confidence and which may cause them to suffer stress.

**HARASSMENT** is usually seen as constant interference or intimidation that violates people's dignity or creates a hostile or degrading environment.

As with harassment, bullying is defined largely by the impact of the behaviour on the recipient not its intention.

If you believe you are being bullied or harassed at work, your employer has a legal responsibility to tackle harassment at work.

1. Keep a written record of all incidents including the date and any witnesses.
2. Contact your union representative who will represent you, whether you want to deal with the issue with your employer formally or informally.
3. Remember there is a three month time limit if you decide to take a legal case against your employer.

YOU CAN JOIN UNITE THE UNION
sign up today at www.unitetheunion.org