

AN EARLY YEARS PATHWAY

Healthy Child Wales Programme (HCWP)

Antenatal Contact by Health Visitor **28-40 wks**

Community Midwife Home Visits

- Day after discharge from hospital-full breastfeeding / bottlefeeding assessment
- 72 hours after discharge - Weigh baby. Full breastfeeding / bottlefeeding assessment
- Day 5 for PKU assessment. Full breastfeeding assessment.
- 10-14 day visit - Health Visitor takes over care.

Health Visitor Birth Visit & Follow-up **1-6 weeks**
Measurements

FRAIT, Domestic Abuse Pathway, Peri Mental Health Pathway

Health Visitor Family Health Review **6 Months**
Measurements

FRAIT, Domestic Abuse pathway, Mental Health Pathway

Health Visitor Family Health Review **15 Months**
Measurements

FRAIT, Domestic Abuse pathway, Developmental Assessment

Health Visitor Family Health Review **27 Months**
Measurements

FRAIT, Domestic Abuse pathway, Developmental Assessment

Health Visitor Family Health Review **3.5 Years**

School Health Nursing Service 4-5 years

Deliver Fluenz vaccination. Height, weight and vision screening.
Provide CMP data on height and weight

Flying Start Enhanced HV Programme

Universal Antenatal Contact @ 24+ weeks with targeted Hello Baby / Parent Nurture programmes

Birth Visit at 10-14 days + weekly home contacts up to 6 weeks

8-16 week contact (weaning)

6 month family health review

9-12 month family health review

15-18 month family health review

2 year family health review and SOGS

3 year family health review and SOGS

3 ½ - 4 year Family Review

Access to Drop-in Parent groups offering Baby Massage, Speech and language support, Parenting programmes.

Childcare for 2.5 hrs per day, 5 days/week, between 2 and 3 years.

Community Midwife Home visits

Frequency of visits assessed for on individual basis. For breastfeeding issues - Midwives work closely with Maternity Care Support Workers who carry out additional visits.

Universal Clinic Contacts

02 Exam: GP
assessment at 6 to 8 weeks:

Measurements

Family Health Review:
at 8 weeks, 12 and 16 weeks:

Immunisations
Measurements
Mental Health Pathway

Family Health Review 13 Months

Immunisations
Measurements

Pre School Booster Immunisations

Baby Friendly Initiative Breast or Bottle Feeding Assessment. Infant weight measurement at birth visit, 02 exam, at each primary immunisation, 03 exam and 12 months or as requested by parent.

Apply guidance for BMI and growth measurement from UK – WHO Growth Charts and RCPCH – Weight Monitoring Guidance

Key Interventions throughout the pathway

- Assessment of family resilience and need
- Promotion of secure parent & infant relationships
- Promotion of breast feeding, safe infant feeding and infant, toddler and family nutrition.
- Promotion of baby and child safety
- Assessment and monitoring of growth and development
- Promotion of maternal emotional health
- Childhood immunisations
- Assessment of visual development
- Promotion of speech, language and communication
- Promotion of dental health
- Promotion of Child's behaviour
- Toilet training

Key Public Health messages are offered throughout the programme i.e.

- Smoking cessation
- Contraception and sexual health
- Pet safety
- Reading and play.