

CPHVA Charity of the Month

NSPCC Schools Service

Welcome from Unite/CPHVA



Welcome to this, our seventh CPHVA Charity of the Month (#CPHVAcharity) member briefing.

This month we are highlighting the work done by the NSPCC schools service across Derbyshire.

Please help us to support them by downloading a copy of this briefing, sharing the links to the #CPHVAcharity website with colleagues and joining in the #CPHVAtt (CPHVA Twitter Chat, see more details below).

To nominate a charity to be considered or to find details about future charities please visit <http://www.unitetheunion.org/cphva/charity>.

Dave Munday, Professional officer
@davidamunday

NSPCC

Unite/CPHVA Member

nomination: Janine McKnight:

“The NSPCC schools service are the only charity that I know, who deliver safeguarding messages to children in year five to six school group assemblies and workshops. I have become a volunteer myself as I am unable to do any safeguarding prevention work as a health visitor it is always reactive. We go into schools and deliver a comprehensive programme of an assembly exploring what is abuse. We then follow up with workshops to explore abuse and children’s safety strategies. The Derby branch has been highly commended for their work.”



What do Unite/CPHVA members need to know about the NSPCC School Service?

The NSPCC Derbyshire School Service helps to improve the lives of schoolchildren across the whole of Derbyshire. Volunteers from the NSPCC deliver assemblies and workshops about preventing sexual, emotional and physical abuse to thousands of school children.

Without the advice and guidance of the charity’s volunteers – all of whom give their time and energy for free, children in primary schools would not have the resources and awareness needed to help tackle abuse.



The latest project on protecting against abuse is called 'Speak Out. Stay Safe' and has been delivered to over 22,000 children from more than 265 schools in Derbyshire. In Derby alone, volunteers have reached over 10,600 youngsters from more than 50 schools.

The Schools Service also supports parents, carers and teachers to develop their confidence in keeping children safe through the charity's extensive resources. These include the NSPCC helpline, guides for parents and safeguarding training for teachers.

Linda Ricketts, NSPCC Area Coordinator for Derby and Derbyshire, said: "It is an honour and a privilege to be chosen as CPHVA's Charity of the



Month. Such an accolade is recognition of the hard work NSPCC volunteers put into the role. A role which requires the delivery of assemblies and workshops to children but perhaps more importantly it is a role which demands compassion and empathy.

"The service makes a huge difference to the lives of children by informing them about the warning signs of abuse in easy-to-understand language.

"Once we give schoolchildren the knowledge and self-confidence to speak out against abuse, we can empower them to help prevent it."

A volunteer's perspective of the Schools Service

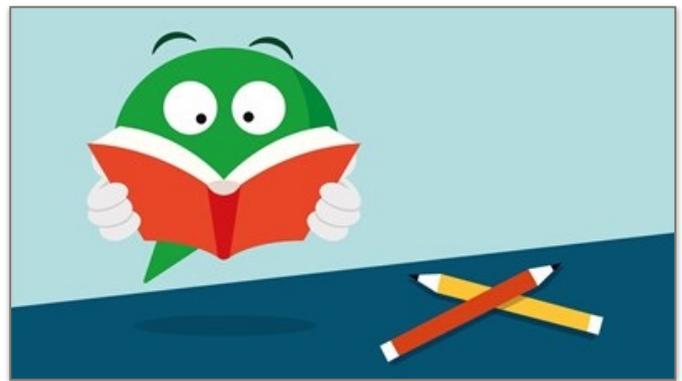
Helen Simmonds, NSPCC Derbyshire School Service Volunteer, said: "I absolutely love volunteering for the NSPCC and going into schools for presentations and workshops. I experienced abuse myself and know first-hand how it can affect a child and prevent them from reaching their full potential. This is why I had a strong motivation for wanting to get involved with an organisation that works to protect children from abuse.



"I've been involved for just over two years now and have become very passionate about what I do. No words can describe the immense pride I feel when I receive feedback about a child who has spoken out about abuse as a result of a visit into school and which has then resulted in them getting the help they need and deserve.

"Knowing I am making a difference to that child's life is something very special. However something I really didn't expect to happen was how much volunteering has changed my life. Family and friends who knew me before find it hard to believe I'm the same person.

“I used to have very little self-esteem and self-confidence which prevented me from meeting new people. But working with an amazing group of like-minded people has changed all that. From the very first day of training, I have been nurtured and supported every step of the way both by fellow volunteers and NSPCC staff. I've been helped and encouraged to challenge myself and have grown so much in confidence.



“I now not only deliver presentations in schools to anything from 20 to 300 children but also support and mentor new volunteers. I have become really close friends with some of my fellow volunteers and I've never worked anywhere before where I've felt so valued and been given such a feeling of self-worth. I give a lot of my time but I've received so much more back than I've put in.”

Speak out. Stay safe.



How does it work?

Our Speak out Stay safe programme, offered at no cost to schools, will ensure all children aged 5-11 learn this essential safeguarding information in a lively, interactive and memorable way. By the end of our visit we know pupils feel empowered and can speak out and stay safe.

With the help of our mascot Buddy, the programme provides child-friendly, interactive assemblies and workshops to help children:

- understand abuse in all its forms and recognise the signs of abuse
- know how to protect themselves from all forms of abuse
- know how to get help, and the sources of help available to them, including our [ChildLine](#) service.



NSPCC goals for the future

The NSPCC School Service originally launched a safeguarding programme in 2011 after research found many children who were contacting the NSPCC's ChildLine helpline had been abused for years. Since the launch, the programme has reached over one million children from 15,000 schools across the country.

The charity is now seeking to reach out to million more children across the country. They are also aiming to hold 'Speak Out. Stay Safe' assemblies and workshops at every primary school in the country every two years with children hearing the messages at least twice in their primary school lives.



Join the fight against abuse

The NSPCC is the only children's charity fighting to end child abuse in the UK and Channel Islands. Using voluntary donations, which make up more than 90 per cent of our funding, we help children who've been abused to rebuild their lives, we protect children at risk, and we find the best ways of preventing child abuse from ever happening. So when a child needs a helping hand, we'll be there.

The accessible and interactive 'Speak Out. Stay Safe' service is delivered by volunteers in assemblies to children aged five to 11 and workshops to nine to 11. Schools are not charged to use the service and can request a visit by visiting the Schools Service page on www.nspcc.org.uk.

The charity is also desperately seeking new volunteers who can help them to expand the service and help improve the lives of many more children. To become an NSPCC Schools Service volunteer or to find out more, visit www.nspcc.org.uk/what-you-can-do. Comprehensive training will be provided to all new volunteers.



Don't miss the joint CPHVA Twitter Tuesday (#CPHVAtt) where Unite/CPHVA will be joined by colleagues from The NSCPP Schools Service (@NSPCC) to discuss their work and how they can support you.

DATE TO BE CONFIRMED 7:00-8:00pm

<http://www.unitetheunion.org/CPHVAtt>



<https://www.nspcc.org.uk/services-and-resources/working-with-schools/>



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